

Start Your Legacy

JOIN THE LITTLE ROCK WRESTLING CLUB

We are committed to providing a youth development program that fosters character, discipline, and community spirit through the power of competition. Our goal is to build strong individuals both on and off the mat.

SUMMER PRACTICE SCHEDULE: (JUNE-SEPTEMBER)

When: Wednesdays

Time: 6:00 PM – 7:00 PM

Where: Catholic High Wrestling Room
6300 Father Tribou St. Little Rock, AR 72205

Membership Due in
October, Free Trial in
Summer Schedule

FALL PRACTICE SCHEDULE: (October)

When: Tuesdays & Thursdays

Time: 5:45 PM – 7:00 PM

Where: Central High Wrestling Room 1500 Little
Rock Nine Way, Little Rock, AR 72202

PROGRAM FOCUS:

- Tailored instruction for ages 6–14 to build skill and confidence on the mat.
- Participants train for and compete in 4–6 tournaments each season.



MEMBERSHIP:

\$250 Includes:

USA Wrestling Card
Practice facility access
Team uniform

Sponsorships Available for
qualifying members.

